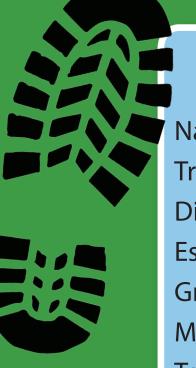


Cross Loop Walks







Trail Overview

Name: Cross Loop Walks
Trailhead: Cross Graveyard

Distances: Trail Distances: Green loop: 5.7km Blue Loop: 7.6km

Estimated Time: Green Loop 1 hr30mins – Blue Loop 2hr30mins

Grade: Easy/Moderate

Minimum Gear: Trekking Shoes, Raingear, Fluids, Mobile Phone

Terrain: Laneways, Coastal paths, farmland

To Suit: All levels of fitness
Services: Belmullet Town

Map Reference: OS Discovery Series Sheet 30

LEAVE NO TRACE Principles of Outdoor Ethics

Please adhere to this code in any trips to the outdoors

- 1. Plan ahead and prepare
- 2. Dispose of waste properly
- 3. Leave what you find
- 4. Respect wildlife and farm stock
- 5. Be considerate of others
- 7. Minimise the effects of fire



In the event of an emergency please call 999



Mayo County Council



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Please keep your dog on a leash



Visit www.mayotrails.ie



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ACKNOWLEDGEMENTS AND DISCLAIMER

These loops are part of a countrywide network of high-quality circular walks. The Cross Loop Walks were developed by a number of stakeholders including, the local community, local Rural Social Scheme / TUS Scheme, Mayo County Council and Erris Beo The loops have been constructed with the kind assistance of local landowners. Please note that walkers use these routes entirely at their own risk. No responsibility can be accepted by landowners or by the publishers and authors of this information leaflet, for any loss, damage or injury caused or sustained during the walk.